

A woman with long brown hair, wearing a red t-shirt, is shown in profile from the waist up, speaking and gesturing with her right hand. She is in a dimly lit room with other people blurred in the background.

# macushla montell

Have you ever felt alone, confused, overwhelmed or frustrated in your journey as a business owner? How would you like The MindSherpa to speak at your next event?

Being in business can be lonely and too often businesses do not have the support they need for the emotional rollercoaster they will go on through the highs and lows of being in business. Sure there are business coaches, but what is often needed is a mindset shift. Someone to support our mind in our journey to the top. And that is what The MindSherpa, Macushla Montell can do for your audience. Macushla has coached and trained 100's of individuals, business owners entrepreneurs and managers from many backgrounds and cultures and she is ready to take on her next adventure – YOUR AUDIENCE!

She is an expert in human behaviour, and is highly trained in a number of modalities, including a Masters degree in Gestalt psychotherapy giving her a sharp edge over other business coaches. Macushla has mentored many business owners, high profile individuals and other coaches to achieve incredible results.

She has a vast experience in community development within organizations and has been an instrumental leader of award winning community projects for local government, she has worked with Terry Hawkins of People in Progress. Using her experience as a high performing individual, together with her amazing sense of connection to people from all walks of life, Macushla has an extraordinary way of drawing people in and delivering her powerful message. She has an ability to educate, inspire and make people laugh at the same time.

.Macushla and her team at Mindsherpa can provide business coaching, executive coaching, leadership, team building and soft skills training that focuses on changing behaviour and thinking using the latest mind/body technology, our training is conducted by qualified psychotherapists and NLP practitioners who specialize in organizational psychology using a holistic approach. Our team will transform your personal, business and customer relations so you can achieve your personal and professional results

This innovative program features everything from workout videos, MP3 downloads, weekly webinars exploring the different aspects of weight loss and featuring a range of industry experts, nutritional guidance, done for you meal plans and shopping lists, and more.

She is an authentic, down-to-earth and confident speaker and always well received.

Macushla is regularly called on to speak at events locally, nationally and internationally, or to be interviewed by, or contribute to a range of media - from local newspapers to national magazines, radio and television.

"Macushla is an amazingly knowledgeable business mentor. In the time I have been working with her I have achieved goals at a level I never dreamed possible." – Traci Castle, Studio Republic

"Macushla worked with me to improve my mindset on moving forward and making positive changes in my life. I'm not sure I have the words to describe how big of a positive impact Macushla has had on my life. I now am running a successful gym, have a better work ethic and have a better understanding on growing positive relationships. Macushla simply provided a life changing service that

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supporting the mindset of businesses in their journey to the top...

## BACKGROUND

Born into a family with a diversity of businesses ranging from agriculture to the rag trade and health & fitness, Macushla opened her first business, a dance studio in Sydney at 16 years of age and after 2 years, sold it for a healthy profit. She then went on to launch her own fashion label and open a restaurant.

Macushla also worked in the airline industry obtaining a real taste of corporate culture and the importance of outstanding customer relations. Macushla became a property millionaire in her twenties and is passionate about investing in and developing her own property portfolio. Macushla believes that awareness, responsibility, determination and a sense of humour are the keys to success.



## SPEAKING TOPICS:

- If It's Not Win-Win – I'm Not In!
- The climb to the top - The importance of strategic planning, visualisation and action.
- Don't you know who I am? I'm the customer!
- Sell to me I love it - The Cha Cha Dance of the Sale including the Art of the Close

## SPEAKING FORMATS:

- Keynote presentations
- Two hour, half day, full day & multi-day workshops
- Media interviews
- Tele-seminars & webinars

## PAST SPEAKING EVENTS:

- Lecturer at Brisbane Gestalt Therapy (RTO Monash University)
- XLR8Results Network - Noosa
- Five Lands Walk (a major community event for 2500 people and facilitating workshops in schools.
- Toastmasters Cooroy
- MC at many shopping centre promotions, dance recitals, and nightclubs and public events.

"Macushla worked with me as a mentor to improve my mindset on moving forward and making positive changes in my life. I'm not sure I have the words to describe how big of a positive impact Macushla has had on my life. I am now running a successful gym, have a better work ethic and have a better understanding on growing positive relationships. Macushla provided a life changing service that enabled me to develop confidence in my personal abilities whilst also helping me create a positive work/life balance."

- **Matthew Carlin, Strength & Conditioning Coach / Owner of The Gym Yamba**

"Over the time i have been working with Macushla we have seen our business boom. Her unique style of Business coaching and mentoring was invaluable for POMO and Social Media Mastery. She is able to get to the core of what needs to change within not only within our organisation but also on a personal level and thought patterns of individuals. I do not hesitate to recommend Macushla to any business who is willing to make changes and succeed.

- **Lisa Harrison, POMO**

If you would like to see if Macushla is available for an event you are organizing, write an informative and entertaining article exclusively for your website contact us

[www.mindsherpa.com](http://www.mindsherpa.com)